

January 04

The WCPCAN *Resource Update* contains information on training, resources, what's new at WCPCAN and announcements. This email is distributed to family resource programs currently and previously funded by WCPCAN, as well as WCPCAN members & partners. *Please be aware that the ideas and opinions expressed in the articles are those of the authors and may not represent the views of the members and staff of the Washington Council for <i>Prevention of Child Abuse and Neglect.*

Current and archived versions are also available at: www.wcpcan.wa.gov – from the "What's New" menu bar. If you ever have trouble opening the *Resource Update*, links, or embedded items, please contact me. Feel free to forward this to anyone who may be interested!

To subscribe, unsubscribe or submit items and feedback please contact me, Maria Gehl at WCPCAN At: gehlmi@dshs.wa.gov or (206) 389-3297



WCPCAN News

Be a part of Washington's history.

The Washington Council for Prevention of Child Abuse and Neglect (WCPCAN) / Children's Trust Fund of Washington is seeking **proposals from artists** for the new **Washington State Heirloom Birth Certificate** project scheduled for introduction in winter 2004.

The new Heirloom Birth Certificate (HBC) will serve as an official birth document and is intended to be a beautiful, permanent keepsake for anyone born in the state of

Washington. It will reflect the child's name, date of birth, place of birth, and names of the parents. It is signed by the Governor and the State Registrar, and will be printed in full color. It will carry the same legal status as the baby's original birth certificate.

BACKGROUND:

The call welcomes artwork from all genres, and from all Washington State artists of all generations and backgrounds who are interested in exploring themes associated with Washington State and/or living in the Pacific Northwest. Entries will be accepted from a variety of visual art forms including printmaking, illustration, and photography.

For complete details contact Chris Jamieson, Public Affairs Manager at WCPCAN jamiecd@dshs.wa.gov or 206-389-2412



Help Put the Brakes on Child Abuse and Neglect

The Washington Council for Prevention of Child Abuse and Neglect (WCPCAN) is supporting a citizen-led effort to introduce a specialty license plate to help safeguard children in Washington State.



The proposed plate, with the motto, "Keep Kids Safe," is a reminder that every child deserves a childhood free from abuse and neglect in order to grow into a happy, healthy, thriving adult. Proceeds from the special license plate sales will go to The Children's Trust Fund of Washington in support of the prevention of child abuse and neglect.

A <u>petition</u> containing the names, addresses and signatures of at least **2,000** adults is required to notify the Department of Licensing's office that you support the concept of the special license plate series, "**Keep Kids Safe**," in Washington State. The information acquired in the signature sheet will only be used to notify you when the license plates are available in Washington and is not a confirmation of order.

Please feel free to download this <u>petition</u> and use it to help show your support for the safety of our children. Instructions for sending in completed petitions are included on the sheet.

For more information about the **Keep Kids Safe** specialty license plate campaign, please contact:

Bernie Dorsey 206-799-7050 <u>bernie.dorsey@comcast.net</u>
Denise Isings 253-740-4838 <u>Krisosmom1@aol.com</u>

For the online petition – go to: http://gopetition.com/info.php?petid=3250

Help Us Build Awareness and Protect Washington Children

Sign On to be a partner for the Blue Ribbon Campaign

Each April, people across the country join together during National Child Abuse Prevention Month to help raise awareness of the tragedy of child abuse and neglect and to promote ways in which together we can prevent these occurrences in our communities. As one of the organizations leading this campaign in our state, the Washington Council for Prevention of Child Abuse and Neglect (WCPCAN) would like to invite you to take part in this year's activities.

Washington's statewide Blue Ribbon campaign has one clear message: **Keep Kids Safe**. Your role as a partner can range from agreeing to share the message with employees to financing production of promotional materials. Your involvement would be greatly appreciated. If you have an interest in participating in the campaign and being identified as a partner -- or just want more information -- please let us know.

Contact Chris Jamieson, WCPCAN Public Affairs Manager, at 206-389-2412 or jamiecd@dshs.wa.gov

Transitions at WCPCAN

After five years of dedicated, outstanding service to WCPCAN as Program Manager, Tim Gahm recently accepted the position of Program Manager at Children's Home Society of Washington. In his new job, Tim will be directing early childhood programs in the CHS southwest region. While we regret Tim's decision, we wish him well in this exciting new position that will make good use of his many talents. Tim will leave WCPCAN in early January.

Maria Gehl will be moving to the position of Grants and Evaluation Manager, leaving a **position opening**. Please feel free to distribute the position announcement below. The position announcement is also available on our website at: www.wcpcan.wa.gov



Upcoming Training & Conferences

Conferences & Presentations

January 26 through 30, ~ 18th Annual San Diego Conference on Child and Family Maltreatment ~San Diego, CA; www.charityadvantage.com/chadwickcenter/2004conference.asp

January 27, 8:00 to 4:30 ~ Washington Alliance for Better Schools: Partnering for Success. ~ Shoreline Keynote by Karen L. Mapp, Ed.D. President of the Institute for Responsive Education. She is the author of "Making the Connection between Families and Schools," and co-authored with Anne Henderson A New Wave Of Evidence: The Impact of School, Family and Community Connections on Student Achievement. http://www.newhorizons.org/ofc wabs.html

Jan 30-Feb 1, 2004 ~ Western Migrant Stream Forum ~ Seattle

http://www.nwrpca.org/conferencesTrainings/conferenceDetail.php?ID=311

Email: apowell@nwrpca.org

Great opportunity to network, obtain information about the latest trends, and acquire education in the areas of farm worker health, policy, and research.

January 31, 2004 ~ From Crib to Classroom: Transitions Large and Small (FACES North) ~ Shoreline Keynote: Dr. Debra Sullivan, President, Praxis Institute for Early Childhood Education. Workshops on: parenting skills; brain development; nurturing the whole child; preparing children for transitions. Registration materials available in early December. STARS credit and clock hours available. Contact: Jan Stout (United Way), istout@uwkc.org

February 7, 2004 ~ Babies Brains Blocks and Books by FACES East (Families and Children Early Support) ~ Bellevue Community College

A conference for early childhood educators, families, and caregivers of young children Keynote: Dr. Debra Sullivan, President, Praxis Institute for Early Childhood Education. Contact Sue Ferguson for more information: sferguso@bcc.ctc.edu

February 10th ~ Development Resource Center: Fundraising with Individuals – Seattle

Emerald City Outreach Ministries (ECOM) Training Center: 7728 Rainier Ave S, 8:30-4:30

Call 206-985-2667 for information

Register for Early Bird Savings! At www.drcharity.com \$89 thru January 16, \$99 to Feb 5, \$115 after Feb 5

April 3, 2004 ~ Washington State Fathers Network Regional Conference ~ Spokane

Mar 17-19, 2004 ~10th Annual Northwest Regional Parenting Conference ~ Vancouver, Washington http://www.emmps.wsu.edu/parenting/

Anyone who is interested in improving the parenting experience should attend.

Scholarships for WCPCAN funded Programs are available – Contact Maria at 206-389-3297 or gehlmi@dshs.wa.gov for details.



Save the late National Children's Advocacy Center 20th National Symposium on Child Abuse ~ March 16-19, 2004 ~ Huntsville, Alabama.

For more information, refer to our website at http://www.nationalcac.org/

March 24 - 26th ~ Tenth Annual Collaboration Conference: Strengthening Linkages for Student Success ~ Yakima

April 28 – 30 ~ Infant and Early Childhood Conference ~ Bellevue, WA www.ieccwa.org

May 12-15 ~ Family Support America's 10th Biennial National Conference ~ Chicago

This conference is the premiere gathering of family support professionals, advocates, parent leaders, and others who work to strengthen and support families.

Visit our Web site often for updates

Advocacy Resources

We can't solve problems by using the same kind of thinking we used when we created them.-

Albert Einstein

Governor's Budget Restores Some Health Coverage for Low-Income Children

The supplemental budget proposed by Governor Gary Locke earlier this month eases some of the threat to children's health. The Children's Alliance applauds Locke's decision to devote \$22.9 million in federal dollars toward eliminating and reducing monthly premiums for children's Medicaid coverage. In the last legislative session lawmakers voted to impose some of the highest premiums in the nation on Medicaid for children in families at the poverty level and slightly above.

Coverage for children whose family income is between 100 and 200 percent of the Federal Poverty Level would have paid monthly premiums of \$15 to \$20 per child. The FPL for a family of four is \$18,400. The Governor's supplemental budget proposes using \$22.9 in federal funds that were recently made available to eliminate premiums for families living between 100 and 150 percent of the poverty level. Families struggling to make it between 150 and 200 percent of the poverty level, however, would still pay \$10 per child a month up to \$30. This is a priority issue for the Children's Alliance, contact www.childrensalliance.org for details or to get involved.

RELATED ARTICLES:

ISSUE BRIEF HIGHLIGHTS FINDINGS FROM STUDY OF CHILDREN WHO ENROLL IN SCHIP
The issue brief summarizes findings from a study of five states with separate SCHIPs to determine whether there were differences among children in different racial/ethnic groups and among children with different health care needs. The researchers found that

- * The majority of the children (80-87%) enrolled in SCHIP in the five study states lived in a household with a working adult, and most (63-74%) were from families with adults who worked full time.
- * Between 65% and 79% of the children lived in families with incomes equal to or below 150% of the federal poverty line (\$27,600 for a family of four in 2003).
- * Between one-fourth and nearly three-fourths of the children were uninsured during the entire year before they enrolled in SCHIP.
- * Between one-fourth and nearly one-half of the children had unmet health care needs at the time of enrollment. Unmet needs were most frequently noted for mental health, specialty, dental, and vision care, and for prescription medications.
- * In most states, a significant proportion of the children were black or Hispanic.
- * Between 17% and 25% of the children had special health care needs (vs. 12-15% in the general population for the study states).

These findings indicate that SCHIP is insuring the population intended by Congress. The issue brief concludes with strategies that states can use to improve children's access to care and to better inform SCHIP design, monitoring and evaluation.

VanLandeghem K, Brach C. 2003. Who's enrolled in SCHIP? CHIRI Issue Brief No. 3. Rockville, MD: Agency for Healthcare Research and Quality. Available at http://www.ahrq.gov/chiri/chiribrf3.pdf

FUNDING HEALTH COVERAGE FOR LOW-INCOME CHILDREN IN WASHINGTON

An excellent report from the Center on Budget and Policy Priorities that highlights the dangers to the proposed monthly premiums for SCHIP (Medicaid coverage for low-income children) as well as offering some solutions. http://www.cbpp.org/11-10-03health.htm

Tuesday, February 10 – Children's Alliance is sponsoring its annual HAVE A HEART FOR KIDS DAY Every year, Have a Heart for Kids Day results in hundreds of child advocates from across the state descending on Olympia to speak up for children. In the morning, we'll gather near the Capitol for an inspirational morning program. After lunch, we'll march around the campus, in full view of legislators, and raise the visibility for children's issues with our numbers and visuals. In the afternoon, we'll meet with legislators about a range of issues

affecting children in the state.

We are happy to welcome Washington State CASA and the Mockingbird Society as partners this year. We welcome other partners! If you are part of an organization that advocates for children and families and you want to bring a group to Have a Heart for Kids Day, please contact Jon Gould at (206) 324-0340 x19 or jon@childrensalliance.org

REGISTER NOW AND SPREAD THE WORD

Please register yourself and spread the word about Have a Heart for Kids Day to others who might want a chance to speak up for kids. A registration form, flyer and fact sheet are online at

http://www.childrensalliance.org/whatsnew/events.htm The Children's Alliance will coordinate bus transportation from three major areas in Washington: Spokane, Yakima and Seattle. If you do not live in one of these areas and are interested in carpooling, please note that on the registration form.

From the Every Child Matters Foundation:

Dear Friend of Children,

We need your help to distribute 1 million "I'm voting for Kids" bumper stickers through our website to 1 million



individuals committed to making children a political priority. To claim your free bumper sticker, just visit www.everychildmatters.org/sticker.

Child Advocacy Central

The goal of this unique Web-based resource is to provide legal information about the child welfare system and to make community resources available to people who need them most.

Child Advocacy Central educates lay people and practitioners, enabling them to advocate effectively on behalf of the children they work with. Foster Youth Central encourages adolescents in the foster care system to learn about the system designed to help them, allowing them to be more effective and forceful advocates for themselves http://www.childadcentral.com/

Sustainability and Resource Opportunities For King County Organizations:

Social Venture Partners expects to award two grants of \$40,000 each in their 2004 granting

cycle. The initial grants are made with the intention to develop longer term relationships with the grantee organization. SVP is looking for letters of inquiry from organizations (deadline January 30) in King County that focus on early childhood development and that foster improved care giving skills. For complete grant guidelines and more information visit their web site at:

http://www.svpseattle.org/grant_guidelines/early_childhood.htm

AT-RISK CHILDREN FOCUS OF HANNA ANDERSSON GIVING (Seattle and Woodinville, WA)

(From JTO Direct, 12/1/2003)

http://www.hannafoundation.org/ Deadlines for letters of inquiry: March 1 and Sept. 15

Children who are exposed to drug misuse and domestic violence are the focus of the Hanna Andersson Children's Foundation, the giving arm of the clothing retailer Hanna Andersson, Foundation & Corporate Grants Alert reported in its November issue. Nonprofits that serve the following areas are eligible to apply for grants: Santa Clara, Calif.; Denver, Colo.; Michigan City, Ind.; Louisville, Ky.; Kittery, Maine; Minneapolis and Bloomington, Minn.; White Plains, N.Y.; Portland and Lake Oswego, Ore.; and **Seattle and Woodinville, Wash**. Grants are also awarded for efforts that improve the lives of children who are at-risk as a result of poverty; child abuse and neglect; homelessness; physical disabilities; or mental issues. Grants range from \$1,000 to \$20,000 each. For information, contact Alissa Keny-Guyer, Director, Hanna Andersson Children's Foundation, 1010 NW Flanders, Portland, OR 97209; 503-553-3551; e-mail: alissakg@hannafoundation.org

APPLYING FOR FEDERAL GRANTS JUST GOT EASIER

Finding federal grants and applying is now easier than ever with the new launch of grants.gov, a resource where all federal grant-making agencies contribute grant opportunities. This site is easily navigable with clear steps to applying. In addition, you can receive e-mail notification of newly released grants. To view the grant Web site, go to: http://www.grants.gov

The Governor's Juvenile Justice Advisory Committee Announces: TWO REQUESTS for PROPOSALS

Copies of the full announcement are available on the GJJAC Web site at: www.juvenilejustice.dshs.wa.gov Or call 360-407-0151

Early Childhood Education

Community Engagement in Early Childhood Initiatives audio conference is set for Thursday, Jan 29, 12:30 pm eastern time. The conference will feature representatives from cities and towns that participated in the National League of Cities City Challenge for Early Childhood Success. In 2003, over one hundred cities and towns took the City Challenge by committing to develop multi-year early childhood plans for their communities. This audio conference will highlight the progress several of those cities have made - including the hurdles they faced, and the lessons they learned. City representatives will discuss a wide range of concrete ideas and strategies. The audio conference will explore the overall process of creating a local action plan on early childhood, including recruiting of community partners; assessing existing early childhood needs and resources; setting priorities and timelines; building public support; and implementing a city plan.

This audio conference is free, but it is available only to a limited number of participants. Advance registration is required by close of business on January 27, 2004. To register, please e-mail or fax your name, title, organization, mailing address, telephone, fax and e-mail. No telephone registrations can be accepted. Register by e-mail to Melissa Rogers at rogers@nlc.org or fax at 202/626-3043.

Family Leadership

National Parent Leadership Month Toolkit

Parents Anonymous(R) Inc. will launch the first ever National Parent Leadership Month in February 2004. This initiative will include a series of National, State, and local activities to recognize, honor, and celebrate parents for

their leadership roles in their homes and communities. To help partners organize activities and outreach opportunities, Parents Anonymous(R) Inc. has developed an extensive online toolkit. The toolkit includes:

- *An overview of parent leadership
- *Key campaign messages for National Parent Leadership Month
- *Tips for identifying potential partners
- *Suggestions for community activities
- *Guidelines for selecting and preparing parent leaders to be spokespersons
- *Tips and tools for requesting proclamations
- *Tips and tools for working with the media
- *Sample newsletter articles and Web copy

The purpose of National Parent Leadership Month is to raise public awareness about the important roles parents play in shaping the lives of children and families; expand opportunities for parent leaders to participate in meaningful parent leadership activities; recognize individual parent leaders whose contributions make a positive difference to their families and communities; build successful partnerships between parent leaders and professionals to strengthen and support families and communities; and highlight how parent leadership is a vital child abuse prevention strategy.

Copies of the toolkit can be accessed on the Parents Anonymous(R) Inc. Web site at www.parentsanonymous.org/pahtml/NPLMonth_tk1.html. If you are planning to celebrate National Parent Leadership Month or if you have any questions, please contact Meryl Levine, M.S.S.A., at (909) 621-6184, Ext. 220, or by e-mail at mlevine@parentsanonymous.org.

Fatherhood

Are you looking for a resource to help recruit fathers to become involved in your early childhood program? If so, check out <u>Getting Men Involved</u> written by James Levine, Dennis Murphy, and Sherill Wilson of the Family & Work Institute. \$13 at the NFI Bookstore <u>www.fatherhood.org</u>

POSITIVE FATHER-CHILD INVOLVEMENT FOUND AMONG EARLY HEAD START FAMILIES

A study of fathers of newborns involved in the Early Head Start program found fathers were involved with their children in multiple positive ways, despite difficulties that included parenting stress, financial problems, and symptoms of depression. Conducted by Mathematica Policy Research, Inc., in conjunction with the National Early Head Start Research and Evaluation Project, this study focused on the involvement of 108 fathers during the first 14 months of their children's lives. The study found:

- Fathers often participated in prenatal activities with the mother, and were usually present at the birth or visited the child in the hospital shortly thereafter.
- Fathers often participated in care giving activities such as diapering, as well as play activities.
- Participation in prenatal activities and presence at the child's birth were positively associated with participation in father-child activities during the course of this study.
- Fathers' positive experiences with their own fathers were related to more frequent father-child activities.

The study also found more than one-half of the fathers reported high levels of parenting distress; moreover, parent-child dysfunctional interaction scores increased over time. In addition, while the proportion of fathers who reported providing frequent care giving increased over time, the proportion of mothers who reported that fathers provided frequent care giving decreased. Reasons for these discrepancies are unclear.

Although these findings can not be generalized to all low-income families, the results have implications for Early Head Start and similar programs. For example, the researchers suggest fathers should be encouraged to become involved in their children's lives even before birth, and mothers should be encouraged to support fathers in their

parenting roles. Additional data were collected when the children were 24 and 36 months of age. Future analysis of these data may provide greater insight into the impact of fathers on their children's development. A copy of this report can be obtained on the Mathematica Web site at www.mathematica-mpr.com/PDFs/redirect.asp?strSite=ehsnewborns.pdf. (From Children's Bureau Express)



Prevention

Effects of childhood violence on adult health

The Adverse Childhood Experiences Study examines the relationship between a variety of negative experiences in childhood and health problems later in life. The study's authors, researchers from the Centers for Disease Control and Kaiser Permanente including Dr. Vincent Felitti, identified eight categories of adverse childhood experiences: physical abuse; emotional abuse; sexual abuse; substance abuse in the household; an incarcerated household member; a chronically depressed.

mentally ill, or suicidal household member; or divorced or separated parents that impact adult health. Dr. Felitti was an outstanding keynote speaker at this last month's Family Policy Council Network Summit. Read about his research findings on the Family Policy Council web site:

 $\frac{http://www.fpc.wa.gov/Relationship\%20of\%20adverse\%20childhood\%20experience\%20to\%20adult\%20health.pdf}{}$

HHS LAUNCHES FAMILY VIOLENCE DEMONSTRATION; DOI TO FUND FAMILY JUSTICE CENTERS

A new effort to help children exposed to domestic violence was announced last month by Secretary of HHS Tommy Thompson. Under this initiative, called *Safe and Bright Futures for Children*, HHS will fund projects that provide integrated services (trauma treatment, mental health, and mentoring) to affected children and youth while simultaneously reducing the intergenerational cycle of family violence.

HHS anticipates spending about \$5 million in FY 2004 to support one or more demonstration programs. Organizations committed to providing counseling and mental health services to children and youth affected by domestic violence will be eligible to apply once a funding announcement is issued in the *Federal Register*.

An additional \$20 million will be spent by the U.S. Department of Justice to fund approximately 12 one-stop domestic violence centers called Family Justice Centers. The intent of these centers is to address the multiple needs of families who have experienced domestic violence by providing them with a variety of services – including health care, housing, counseling, or other social services – or referrals to programs in the community. (From the Prevention Advocate – PCA America)

Special Populations

From the Research and Training Center on Family Support and Children's Mental Health at Portland State University – a free data trend summary

Title: Culture-Centered Practice in Services for Children Topic: Children of color are over-represented in the child welfare system. The authors of this paper discuss some of the factors that contribute to this inequity. They also outline ways of promoting change and developing culture-centered practice in services for children.

http://www.rtc.pdx.edu/phpCountDTPDF.php

Get linked up with a local listserv to share resources that will benefit immigrant and refugees in Snohomish and King Counties.

Here's an opportunity to share resources and exchange ideas about how local institutions and immigrant and refugee community members can get connected and work together better. Sign up if you are interested in offering such ideas and resources and/or accessing these ideas and resources.

Who is eligible to join the listserv?

City, county, school, nonprofit and other community leaders who have an interest in accessing and/or contributing resources that will benefit immigrant and refugees in Snohomish and King Counties.

How do you sign up?

- 1. Click on the following link to go directly to the listserv webpage: http://lserv.awcnet.org/scripts/lyris.pl?enter=diversity&text_mode=0
- 2. Click on the "Join Diversity" button.
- 3. Enter your name and email address.
- 4. You are ready to go! You can begin contributing to the listserv by sending an email to diversity@lserv.awcnet.org, or you can return to the ink as listed above, click the "Click here to enter diversity" button, and read or send messages from there.

Legislative Information

Child Support, Fatherhood, and Marriage Provisions in TANF Reauthorization Bills

Both the Senate Finance Committee and House welfare reauthorization bills include a number of important child support provisions. In addition, both versions would authorize new spending for marriage and fatherhood initiatives and increase spending for access and visitation grants. The CLASP publication, *Summary of Child Support, Fatherhood, and Marriage Provisions in House and Senate Versions of H.R. 4*, by Vicki Turetsky, describes these provisions.

http://www.clasp.org/DMS/Documents/1070551226.67/Dec03 Update.pdf

Additional Resources

Children's Mental Health Resource Kit

An estimated one in ten children and adolescents suffers from mental illness severe enough to cause impairment--and half of these young people do not get the services they need. This Children's Defense Fund Children's Mental Health Resource Kit has information on accessing mental health screens and assessments through Medicaid and the Children's Health Insurance Program (CHIP) programs.

http://www.childrensdefense.org/pdf/mentalhealthresourcekit/full.pdf

KINSHIP CARE RESOURCE KIT

http://www.childrensdefense.org/kinshipcareresourcekit.php

The Children's Defense Fund has produced a Resource Kit which enables community or faith-based organizations support grandparents and other relatives raising children. One in 12 American children are living in a household headed by a grandparent or other relative. The resource kit is available in full pdf file, or by smaller topic files.

Teen Parents and Abstinence Education: Research Findings, 2003 by Jodie Levin-Epstein. This compilation of summaries of new research is designed as a reference tool for practitioners, policymakers, and others interested in teen parents (and particularly their relationship to welfare programs) and in abstinence education. http://www.clasp.org/DMS/Documents/1071771436.37/TP abst_research.pdf

Announcements

Between 1991 and 2002 the U.S. teen birth rate fell 25%, To coincide with the release of *Facts at a Glance*, updated teen pregnancy rates were also released this week on the Child Trends DataBank. Pregnancy rates for teens have fallen from 116.3 pregnancies per 1,000 females ages 15-19 in 1990 to 86.7 pregnancies per 1,000 teens in 1999 (the latest date for which this information is available). Latinos had the highest teen birth rate, which was about three times higher than the birth rate for white teenagers. Despite the teen birth rate decline, the numbers are still too high, according to lead researcher Angela Romano Papillo, "When we see that 18% of 15-year-olds will become mothers before they are out of their teens, it reminds us how far we still have to go."

http://www.childtrendsdatabank.org/indicators/14TeenPregnancy.cfm

CPS Intake Changes

DSHS has completed the transition of child abuse and neglect reporting from central intake back to the regional offices. Here is the link to see the numbers to call in your area. http://www1.dshs.wa.gov/ca/IntakeNumbers.asp

DSHS launches a new prevention awareness web site:

"Be Safe, Keep Them Safe": http://www.dshs.wa.gov/geninfo/prevcalend.html #